

Candy Cane Dive Meet 2015



Saturday December 12th and Sunday December 13th 2015

Recreation and Novice Dive Competition
BC Games Trials

Meet Managers: Lisa Breure Kelly Dee
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 lisa.breure@gmail.com divingkelly@gmail.com

Venue: Walnut Grove Aquatic Centre
 8889 Walnut Grove Drive, Langley BC
 Phone: 604 882-0408

Two 1 Metre springboards
Two 3 Metre springboards
One 5 Metre platform

Eligibility:

ALL DIVERS WILL BE ENTERED AS THEIR 2016 AGE GROUP

- Group A –divers born in 2000, 1999 or 1998 (16-18)
- Group B –divers born in 2002 or 2001 (14-15)
- Group C –divers born in 2004 or 2003 (12-13)
- Group D –divers born in 2006 or 2005 (10-11)
- Group E –divers born in 2008 or 2007 (9 and under)

***Recreation has group F 2009 and younger

Entries: All entries must be received by email no later than Friday November 27, 2015.
 Email entries to lisa.breure@gmail.com

Dive Sheets: Hard copy dive sheets may be handed in up to one hour prior to your event.

Learn to Dive Registration fee:

\$30 per diver. This will include access to food and the new event for Recreation divers.

Novice and BC Game Trial Athletes:

Registration Fee: \$10 per diver registered to participate. Includes athlete access to food. \$15 per diver in each event.

Awards:

All participants will receive an award.

We will present awards in two groups. First, after morning events and then second, at the end of the day. Please plan to be present until after award ceremonies for your diver's events.

Rules:

Recreation divers (Former name Tier III) See attached rules "LEARN TO DIVE"

**Fraser Valley Diving is trying a new format for the Candy Cane meet. Please read the rules carefully and contact Kelly if you have any questions divingkelly@gmail.com

Novice Divers (Former Tier II) See attached rules

BC Games will be for divers in B and C age groups as of 2016 governed by the BC Games rules. See attached

Synchro event We will be using the BC Games synchro rules. See attached.

Proposed Event Schedule

Registration on deck 7:00

Boards open for practice 7:30-8:30

Boards open for first event warm up 8:30-9

First Event will start at 9:00am

Saturday Dec 12, 2015

First event starts at 9:00am

Learn to Dive Group F

Learn to Dive Group E

Learn to Dive Group D

Learn to Dive Group C

Learn to Dive Open

Sunday Dec 13th, 2015

First event starts at 9:00am

Novice Group E and D -1 metre

BC Games Group B -3 metre

Novice Group A – 1 metre

BC Games Group C -3 metre

BC Games Group B -1 metre

Novice Group E and D -3 metre

BC Games – C 1 metre

Novice Group A -3 metre

Synchro all groups -1 metre

***Please note for BC Winter Games athletes and parents there will be a short meeting at the end of the day on Sunday

Candy cane learn to dive competition

Eligibility: Open to any diver that has not competed in a Tier 1 competition in the current or previous competitive season. This level is intended to be an introduction to competition with a focus on basic skills, fun and participation

Rules

- Divers will perform dives on one meter, followed by three meter
- No balks called
- Spotting a diver is permitted
- Hands may be above or below the head on foot first entries
- In all age groups, re-dives will be permitted in place of a failed dive
- Awards will be given to all divers
- Age groups based on age as of **December 31st 2016**

AGE GROUPS

GROUP F		2009 AND YOUNGER
GROUP E		2007 & 2008
GROUP D		2005 & 2006
GROUP C		2003 & 2004
OPEN		2002 AND OLDER

AGE GROUP		1M		3M		#OF JUMPS OR FALL-INS PERMITTED
F - 7 UNDER	4 DIVES 1 CAN BE FROM 3 METER					3
E - 8 & 9		4		2		4
D - 10 & 11		3		3		3
C - 12 & 13		4		3		4
OPEN 14& UP		4		3		3

D.D CHANGES

JUMPS - 1.0
 FALL-INS - 1.5
 ALL DIVES - 2.0

AWARDS WILL BE GIVEN TO ALL PARTICIPANTS

NOVICE RULES:

Age Groups: (Age as of Dec. 31 st 2016)	Candy novice and bc winter games trials
Group F 7 & Under	1m (5 Dives) ☐ 100A, 001B, 200A or 002A, + 2 Dives (2 directions) 3m (4 Dives) ☐ 100A, 001D, 200A or 002D, + 1 Dive
Group E 8 - 9	1m (6 dives) ☐ 100A, 001B, 200A or 002A, + 3 Dives (2 Dir., no limit) 3m (5 dives) ☐ 100A, 001D, 002D, + 2 dives (2 Dir., no limit)
Group D 10 - 11	1m (5 dives) ☐ 3 Dives with 5.4 d.d. limit, 2 dives without d.d. limit (3 Dir) 3m (5 dives) ☐ 001D or 002D, 2 dives with 3.8 d.d. limit, 2 dives without d.d. limit (3 Dir)
BC WINTER GAMES DIVERS ATTENDING FIRST GAMES	1m (6 dives) ☐ 4 DIRECTIONS MUST BE COVERED 3m (6 dives) ☐ 4 DIRECTIONS MUST BE COVERED
BC WINTER GAMES DIVERS ATTENDING SECOND GAMES	1m (6 dives) ☐ 5 DIRECTIONS COVERED MIN D.D 11.6 3m (6 dives) ☐ 5 DIRECTIONS COVERED MIN D.D 11.6
Group A 16-18	1m (8 dives) ☐ 4 dives with 7.2 d.d. limit, 4 without d.d. limit (4 Dir) 3m (7 dives) ☐ 4 dives with 7.6 d.d. limit, 3 without d.d. limit (4 Dir)
Notes:	<ul style="list-style-type: none"> • Divers fully qualified for the Junior National Championships on any board are not eligible to compete at the Tier II Championships. • All Jumps are D.D. 1.0 • Above, dives specified as 'Dives' must not be jumps or fall-ins. • Dives in position D means you can choose the position, but you must specify the choice. • D.D. Changes: 1m 201c = 1.7 201b = 1.6 201a = 1.5 1m 301c = 1.8 301b = 1.7 301a = 1.6 3m 201c = 1.9 201b = 1.8 201a = 1.7 3m 301c = 2.0 301b = 1.9 301a = 1.8 1m 001b = 1.1 1m 002a = 1.1 3m 001c = 1.3 001b = 1.2 001a = 1.1 3m 002c = 1.4 002b = 1.3 002a = 1.2
SYNCHRO EVENT	<ul style="list-style-type: none"> • MIXED TEAM, ALL AGES ALLOWED • 5 DIVES, 4 DIRECTIONS MUST BE COVERED • FIRST TWO DIVES D,D 2.0

001 = Front fall-in

002 = Back Fall-in

D = choice of position, **pos. must be specified**

BC Games Sychro Rules:

- 5 dives
- 3 groups covered
- First two dives assigned a degree of difficulty of 2.0
- No jumps or fall-ins allowed
- No dive number repeated
- One optional pinwheel dive allowed (the dive with the lowest degree of difficulty will be assigned to both dives)
- Mixed teams allowed
- Sychro teams can be comprised of divers from different zones and age groups