

2016 ALBERTA SUMMER PROVINCIAL CHAMPIONSHIPS NATIONAL QUALIFIER

May 20 - 22, 2016

Sanctioned by Diving Plongeon Canada and Alberta Diving

Host Club EDMONTON KINSMEN DIVING CLUB

Location Kinsmen Sports Center
9100 Walterdale Hill
Edmonton, Alberta
(780) 436-4249

Technical Director David Flewwelling; ekdc@telus.net

Eligibility All Diving Plongeon Canada divers and eligible USA divers may attend

Rules

- 1) All Diving Plongeon Canada rules will apply
- 2) Age of competitors will be determined by the divers' age as of December 31, 2016
- 3) There will be no cuts
- 4) Age Group events will run in accordance to 2016 Junior Nationals format
- 5) Group E may participate in Group D levels as well
- 6) Dive sheet changes will be allowed up until one hour before the scheduled event

Entry Fees

\$25.00 per event to a maximum of \$100.00 per diver
\$60.00 Registration fee (includes Registration fee, food hospitality and officials fee)

Entry Deadline

Entries must be received no later than Saturday May 7, 2016
Entries may be faxed or e-mailed to:

Fax (780) 444-7301; e-mail ekdc@telus.net

Scoring

We will be using Rezman scoring system. We ask that all clubs prepare the athletes' dive lists using the Dive Sheet Generator at www.rezman.net and submitting by email to ekdc@telus.net by Tuesday May 17th, 2016.

Awards

Awards will be presented prior to the start of the following event. Medals will be awarded to top 3 overall (as well as Albertans). Ribbons will be presented to 4th – 6th place.

All E group participants will receive awards.

Hospitality

Food will be provided to the athletes and coaches on competition days.
This includes – Breakfast, lunch and snacks.

Training Times

Training will be made available as follows –
Thursday May 19th 12:45 pm – 3:15 pm (water 1:45 pm – 3:15 pm)
Thursday May 19th 5:00 pm – 8:00 pm (water 6:00 pm – 8:00 pm)
Friday May 20th 11:00 am – 1:00 pm (water 11:30 am – 1:00 pm)

EDMONTON KINSMEN DIVING CLUB DIVE REQUIREMENTS AND RULES

Rules: National Level

- 2015-2016 Diving Plongeon Canada rules will apply.
- Age of competitor will be determined by the diver's age as of Dec. 31, 2016.
Age Groups:
 - E - Divers born 2007 or later
 - D - Divers born 2005 or later
 - C - Divers born 2003 or 2004
 - B - Divers born 2001 or 2002
 - A - Divers born 1998 to 2000
- All events will be a straight final (no cuts).
- Age Group events will run in accordance to Age Group National rules. Lists must be performed with dives with limit followed by dives without limit.
- Senior event divers must meet the minimum DD requirement (see below)
- We will be running Synchronized Diving events on 3 metre only.
- Dive sheet changes will be allowed up until 1 hour before the scheduled time for each event.
- 1-metre events will run on the east side of the pool (opposite the platforms). North and South 1 metre boards will be available for training.
- A revised schedule with updated times will be e-mailed out 2 - 3 days after the registration deadline as well as handed out upon arrival if needed.

Provincial Level

- We will be running Provincial level events! Please see dive requirements
- Entry fees will be the same as National level divers

Junior Dive Requirements and Rules (Please refer to the Diving Plongeon Rule book)

<http://www.diving.ca/en/images/pdf/14rulebook/r-5%20junior%20nationals.pdf>

GROUP E

Boys & Girls E 1m	6 dives	100 A front jump layout with hurdle 200 A back jump layout 4 additional dives from 3 groups <i>All dives are assigned a D.D. of 1.8.</i>
Boys & Girls E 3m	6 dives	001 B standing forward entry 002 A standing backward entry 100 B front jump pike with hurdle 3 additional dives from 3 groups <i>All dives are assigned a D.D. of 1.9</i>

Junior Qualifying Competitions

- All sanctioned qualifiers must be monitored by a DPC assigned meet referee.
- There must be a minimum of 2 National level judges (not including the meet referee) on each judging panel.
- Only divers using lists adhering to the junior national dive requirements will be eligible to compete in the qualification meets.

<u>Senior Rules</u>	<u>Number of optional dives</u>	<u>Minimum DD</u>
Womens Open 1m	5 optional dives	11.0 Minimum
Womens Open 3m	5 optional dives	11.4 Minimum
Womens Open Platform	5 optional dives	11.6 Minimum
Mens Open 1m	6 optional dives	13.7 Minimum
Mens Open 3m	6 optional dives	14.4 Minimum
Mens Open Platform	6 optional dives	13.7 Minimum

Synchronized Diving Events (Please see FINA Rule Book D3.7)

We will be running a combined Senior and Age Group synchronized diving event. Please refer to the Fina rule book for dive requirements.

Hotel options

1. **The Coast Edmonton Plaza Hotel**
10155 - 105 Street
Edmonton, Alberta

1-800-663-1144 toll free for reservations
(780) 423 – 7540
(780) 425 - 5882(fax)

\$ 109.00 Quad occupancy (Comfort Room)
2 Double beds

I have left messages with the sales manager regarding the need for rooms with 2 double or queen beds to accommodate the dive clubs travelling to Edmonton. There is a Beyonce concert Friday night so this hotel and other hotels have sold out their rooms with double queens. There are rooms with a king bed and sofa pullout. The sales manager will be looking at freeing up some of the rooms that other groups have booked and give them to the Dive block which there are 20 rooms at the \$109.00 rate.

http://www.coasthotels.com/hotels/canada/alberta/edmonton/coast_edmonton/overview

2. **Days Inn Downtown Edmonton**
10041 – 106 Street
Edmonton, Alberta

(780) 423 – 1925 ext #201 ask for Frieda

I have made a block of rooms at the Downtown Days Inn Hotel (Coast Edmonton Plaza only had King with sofa pullouts). There are 20 rooms (two queen beds in each). The sports rate is \$99.00 plus taxes per night (2-4 persons per room). Please click on the following link to their website. There is a cost for parking at \$15.00 per night.

Please contact Frieda Valji direct at 780 423-1925 extension #201 to book. The deadline for booking is April 19th

<http://www.daysinn-downtownedmonton.com/>